

# Anna Sweeney

Years of Coaching: 2 years

## Skating Accomplishments:

- Sr. Bronze FreeSkate Pt 1
- Jr. Bronze FreeSkate Pt 2
- Gold Interpretive
- Gold Dance
- Senior Silver Skills

## Coaching Accreditation/Education:

- Regional Coach In-Training
- CanPower Certified

## Skating Awards:

- Program Assistant of the Year- Club 2016
- Elaine Urton Memorial Award- Based on skating achievement, leadership and community service 2014

## Lesson Information:

- Offer lessons in three disciplines: FreeSkate, Dance and Skills

## Coaching Fees:

- \$7.25 per 15 minute individual lesson + mileage
- Mileage will be divided between skaters and programs coached each day
- Due to extra time spent planning, organizing and administering group and semi-private lessons, there is a fee increase. The lesson fee is divided between the skaters in the lesson.

## Competitions:

- \$21.75 per event
- Coach meals, mileage and hotel will split between the skaters attending the competition

## Test Days:

- STAR 1-5 Dance and Skills tests and STAR 1-3 FreeSkate: regular lesson fee (minimum of 1 lesson depending on time needed)
- Senior Bronze to Gold tests: \$14.50 per test
- Coach meals, mileage and hotel may be included and split between the skaters

It is the responsibility of the parent(s) to communicate number of lessons desired per week. Competitions and Test Day opportunities will be presented by the coach and attendance will be determined by the parent(s).