

Star 1-5 Dance

ELEMENTS

Star 1 Dance Elements

FWD Progressives

FWD Swing Rolls

FWD Cross Rolls

FWD Chasse

FWD Slide Chasse

Cross Roll Cross Behind

FO 3 turn to BO edge (repeat 4 times (twice one each foot))

Star 3B Elements

BWD Progressives

BWD Swing Rolls

BWD Chasse

Open Mohawks – **Swing**: RFI edge (2 beats) to LBI Edge (2 beats)

– **Fiesta**: RFI edge (1 beat) to LBI edge (1 beat)

Star 5B Elements

Open Mohawk – *LFI to RBI & RFI to LBI*

Outside Double Knee Bend – *LFO edge bending knee down-up-down*
– *RFO edge bending knee down-up-down*

FWD Progressive Swingroll sequence – *LFO Progressive (1+1+2),*
RFO Swingroll (2+2) repeat
– *RFO Progressive (1+1+2),*
LFO Swingroll (2+2) repeat

Ten Fox Progressive – *LFO progressive (body facing out, left arm in front & right arm behind)*

BWD Progressive Swingroll sequence – *LBO Progressive (1+1+2),*
RBO Swingroll (2+2) repeat
– *RBO Progressive (1+1+2),*
LBO Swingroll (2+2) repeat

LFO Cross Behind

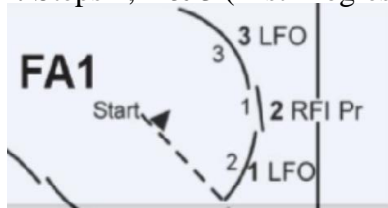
FO Crossrolls

FO Crossroll 3-turn– *RFO CR, LFO 3 or LFO CR, RFO 3*

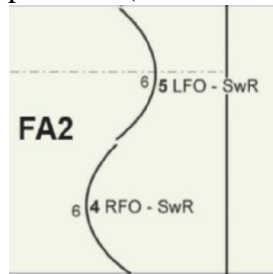
BO Rolls – *BO edges with free leg in front*

PATTERNS & FOCUS AREAS

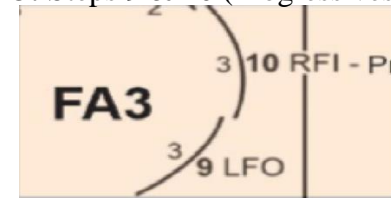
FA 1: Steps 1, 2 & 3 (first Progressive)



Star 2A Dutch Waltz (Counts of 6)
FA 2: Steps 4 & 5 (RO&LO swing rolls)



FA 3: Steps 9 & 10 (Progressives at end)

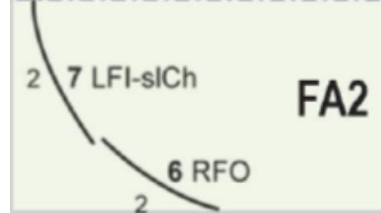


Star 2B Canasta Tango (Counts of 4)

FA 1: Steps 2, 3 & 4 (first progressive)



FA 2: Steps 6&7 (RFO edge, LFO Slide Chasse)

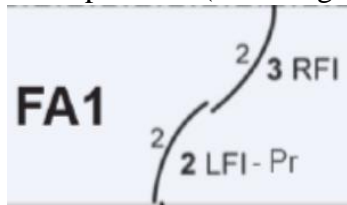


FA 3: Steps 9 & 10 (LFO edge, RFI Chasse)

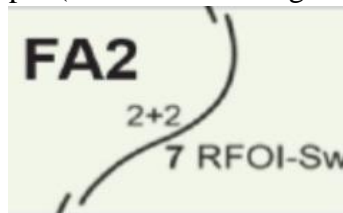


Star 3B Baby Blues (Counts of 4)

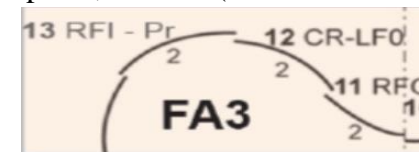
FA 1: Steps 2 & 3 (first Progressive)



FA 2: Step 7 (RFO to RFI change of edge)

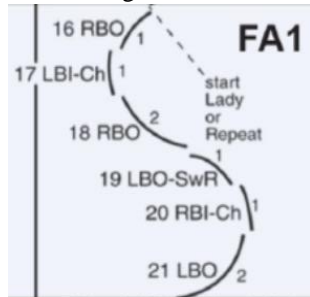


FA 3: Steps 11, 12 & 13 (RFO to LFO Crossroll)

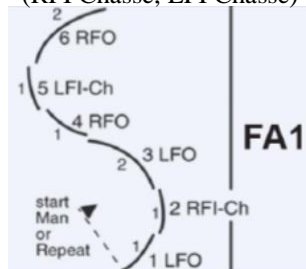


Star 4A Swing (Counts of 4)

FA 1: Steps 16-21 (Lady)
(LBI Chasse, LBI Swing Roll, RBI Chasse, LBO edge)



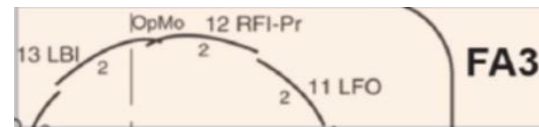
FA 1: Steps 1-6 (Man)
(RFI Chasse, LFI Chasse)



FA 2: Steps 22 & 23
(BO Swing Roll, LBO Swingroll)



FA 3: Steps 11, 12 & 13
(LFO edge, RFI Progressive Open Mohawk)

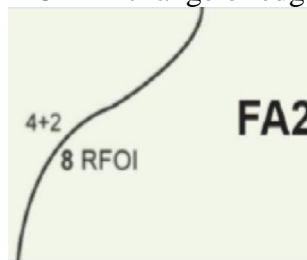


Star 4B Fiesta Tango (Counts of 4)

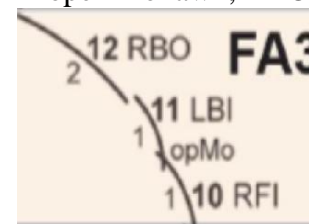
FA 1: Steps 5, 6 & 7
(LFO edge, RFO Crossroll, LFI cross behind)



FA 2: Step 8
(RFO-RFI change of edge)



FA 3: Steps 10, 11 & 12
(RFI open mohawk, RBO edge)

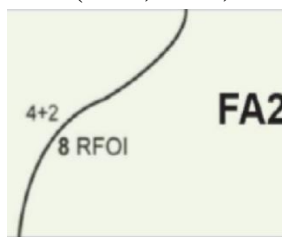


Star 5A Willow Waltz (Counts of 6)

(Lady) FA 1: Step 8 (RFO 3)



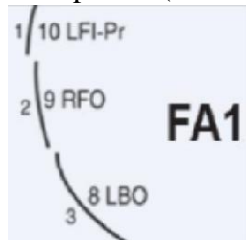
FA 2: Steps 15-18 (LFO, RFO, LFI, RFI open mohawk)



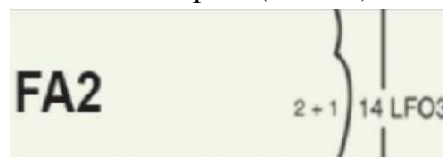
FA 3: Steps 10, 11 & 12 (LBI progressive)



(Man) FA 1: Steps 1-3 (LBO edge, LFI progressive)



FA 2: Step 14 (LFO 3)



FA 3: Steps 15-18 (RBO, LBO, RBI, LFO)

